

## **AGENDA ITEM**

### **REPORT TO HEALTH AND WELLBEING BOARD**

**25 OCTOBER 2017**

### **REPORT OF CLINICAL COMMISSIONING GROUP**

## **CHILDREN AND YOUNG PEOPLE'S MENTAL HEALTH AND WELLBEING TRANSFORMATION PLAN**

### **Introduction**

1.1 This report is presented to inform the Health & Wellbeing Board as to the strategic priorities for the refresh of the Children and Young People's Mental Health and Wellbeing Transformation plan.

### **1. Background**

2.1 Following guidance from NHS England, all local areas are to refresh their Children and Young People's Mental Health and Wellbeing Transformation Plans to demonstrate work done to date, the impact of this work, and the revised trajectories that are expected from on-going transformation. All plans are to be refreshed and published by 31st October 2017, and incorporated into each area's Sustainability and Transformation Plans

2.2 The Children and Young People's Mental Health and Wellbeing Transformation plan guidance identifies that intensive work with local partners needs to take place across the NHS, public health, children's social care, youth justice and education sectors, to jointly develop and take forward local plans to transform the local offer, to improve children and young people's mental health and wellbeing. This entails CCGs working closely with their colleagues in NHS England Specialised Commissioning, all local Health and Wellbeing Board partners, schools, colleges, youth offending services, children, young people and their families, to understand clearly where they are now, establish baseline information and develop an ambitious vision for the future that aligns with the overarching principles and ambition set out in Future in Mind. This plan will be published and also be available on CCG, Local Authority and partner websites.

### **3 Progress to date**

- 3.1 A Whole School approach to building capacity and capability to support CYP mental health, its aim was To build a 3 tier model of learning across schools starting with the development of what we call “ school champions” who will be developed with the appropriate knowledge, skills and behavioural set to help support the role of learning across the pilot schools. The evaluation of the pilot has commenced and will be completed by the end of the calendar year.
- 3.2 A comprehensive survey across participating schools has helped us gain insight into the health and health-related behaviour of young people. We are working with schools to use the information to help us shape and deliver appropriate services and design interventions that support young people to take more care of their emotional health & well-being.
- 3.3 Emotional Resilience & signs of safety - this project aims to develop an integrated, holistic approach to building emotional resilience and wellbeing within secondary schools in Stockton. It will build upon the data gathered within SOT5 following the rollout of the Health Related Behaviour Questionnaire (HRBQ) with Year 8 and Year 10 students and will complement the work being undertaken within the HAST CCG led priority ‘HAST12-Develop Mental Health and Wellbeing Champions’.
- 3.4 Stockton Borough Council employed an Early Help Mental Health & Well-Being project officer to assist the Early Help Assessment Team Managers and FiM Project Lead in the delivery of “Future In Mind” and to contribute to the Early Help (emotional mental health & well-being) Strategy.
- 3.5 Stockton Information Directory (SID) - a toolkit development exercise has been completed on access to mental health and well-being support. The Stockton Information Directory (for Families) is a free online guide providing information and advice on a wide range of services for families in the Borough
- 3.6 Stockton Borough Council Early Help Service has developed and currently offers parents and carers 2 different “Incredible Years” parenting programmes which are outcomes focused.
- 3.7 SBC Public Health is working with SBC Youth Direction and Education Improvement services to review the current approach to risk taking behaviour education across school and informal education settings. Current approach is topic based content (eg drug and alcohol, sexual health, smoking, emotional wellbeing etc) rather than utilising the evidence based approach of building resilience.

3.8 Time limited project led by the Health Visiting Service to help parents/carers improve how they relate, engage, communicate, play and live with their baby in the first few months of life with a particular focus on improving attachment and parental sensitivity.

#### **4. Priorities in the LTP refresh 2017**

4.1 It is acknowledged that the foundations for the required system change are in place. It is now a time to be bold and move towards the change that is required.

4.2 The CCG is to commence a review of the core CAMHS (TEWV) contract so that we truly understand the level of pressure the service is under and the way in which they work. Aligned to this, is a review of the offer Stockton Borough Council has for early intervention for children & young people who need support with their mental health and wellbeing. Additionally, we need to map all voluntary sector services who link to this agenda.

4.3 Once we understand the whole system we will be in a better position to work with children & young people to identify the gaps, amend pathways and commissions differently.

4.4 we need to look beyond the natural partners of early help teams and look to colleagues in leisure and cultural services as such activities are proven to help with maintain and improving mental health & wellbeing. There may also be opportunities to pull in additional funding. In these austere times we need to think outside of the box.

4.5 Work will continue to develop and maintain waiting time initiatives with TEWV to ensure that children & young people who require a specialist service can access it in a timely manner. All areas of the TEWV service will continue to be monitored through the CCG contract management processes.

4.6 A key partner will continue to be schools and joint commissioning opportunities will be explored as we need a greater insight into what they are currently purchasing to assist them in their welfare offer.

#### **5. Finances**

5.1 There is a designated financial resource for Future in Mind Transformation. It has been determined that all projects already committed to i.e. which have commenced in 16/17 will be rolled over into 17/18.

5.2 However, there is a process in place to allocate additional funds from the financial pot, whereby Stockton Borough Council and other parties have submitted proposals for projects which they believe will help meet the Future in Mind objectives.

5.3 These proposals will be evaluated by a multi agency steering group who will determine where the resources are allocated to. All resources allocated will be closely monitored to ensure they achieve the outcomes proposed.

## **6. Requirements of the Health & Wellbeing Board**

6.1 The priorities outlined above have yet to be finalised and could be subject to change.

6.2 The refreshed plan has to be signed off by both the CCG and the local authority and displayed on their relevant websites by the 31<sup>st</sup> October 2017.

6.3 Although the priorities could changes, the ethos of system transformation will not. The Health & Wellbeing Board is therefore respectfully requested to delegate the sign off of the plan to the Director of Children's Services, in consultation with the Chair of the Health and Wellbeing Board, to enable us to meet the deadlines required.

6.4 We will ensure that the Health & Wellbeing Board is updated as to the financial decisions as when they are finalised.